

May
2021

TIPS & TOPICS



PEABODY COUNCIL ON AGING
Peter A. Torigian Senior Center
75R Central Street, Peabody, MA 01960
Ph: (978) 531-2254 / Fax: (978) 531-7176
www.peabodycoa.org/Find us on Facebook!



Live Peabody
An Age Friendly Community

Carolyn Wynn, Director
Edward A. Bettencourt, Jr., Mayor

A Note of Encouragement from our Director...Carolyn Wynn

Hello everyone! It's hard to believe that a year has passed since our senior center has been open to the public.

First, I want to share some good news with all of you! We have recently ***purchased a tent*** and are awaiting its arrival. We plan to schedule ***outdoor classes*** such as ***Line Dancing, Zumba and some Chair Yoga*** under the new tent. We are also planning to have some classes meet on-site as well.

We will gradually work towards opening up some areas of the senior center and eventually will offer lunch here again. Until then, we have decided to continue our frozen meals program. At the present time, our large dining room and stage area is being used as a vaccination site which will continue over the next several months.

Staff members will be in contact with the teachers and participants of many of our classes in the next few weeks. Per CDC guidelines, we will require participants to fill out paperwork with their contact information in case there is a need for our Health Department to do contact tracing. ***Classes will be limited and registration will be required;*** unfortunately we will be unable to accommodate drop in visitors at this time. The classes will be managed similar to our transportation service as you will need to be given an appointment in order to attend.

We encourage everyone to get the COVID-19 vaccine and we are here to help if you are having trouble scheduling one. Our staff members have assisted hundreds of seniors schedule vaccination appointments during the past few months.

We are also happy to announce that we are once again scheduling ***appointments to local hairdressers***. Over the next few months, we will also be adding ***more transportation services***. Our social services staff has been here throughout the pandemic and are only a phone call away if you need assistance. ***Our Adult Day Health Program is also accepting referrals.***

We know this has been a very difficult time for so many and we will be adding programs and services as quickly, but most importantly, as safely as possible. Please feel free to call us at any time at **978-531-2254**. Thank you for your patience and continuous support.

Sincerely, Carolyn



UPDATE

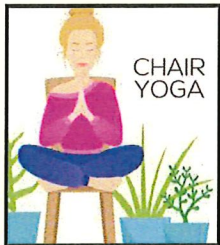
The Peter A. Torigian Senior Center is currently closed to the public. At the present time there will be staff members answering our telephones **Monday through Friday from 8:00 AM to 2:00 PM.**

Our Transportation Department is currently providing rides for necessary medical appointments and grocery shopping. We also have frozen meals available for delivery for those in need. ***If you want a frozen meal that day, it must be ordered by 11:00 a.m. Orders after 11:00 am will be delivered the following day.***

Our Social Workers are assisting seniors over the phone. We are also making a lot of outreach calls to seniors living in our community. If you are in need of assistance please call 978-531-2254 or if you would like to be added to a list for a ***friendly phone call***, we would love to talk with you. We also have current information on our website www.peabodycoa.org.

In addition, the City of Peabody has launched **Peabody United Community Resources** on the City website www.peabody-ma.gov for updates on the (COVID-19). On behalf of the staff and board members of our Senior Center, we wish good health to each and every one of you and remember we are only a phone call away, ready to assist in any way possible. ***We will get through this together!***

Activities: Judy Walker: Check out Dot McKeen's (2) Chair Yoga Classes on PAT TV and Zoom!



Chair Yoga
Schedule
starting this
week-
for MAY
and beyond!

DOT MCKEEN'S CHAIR YOGA

On Peabody Access TV

Wednesdays at 2:00 pm
Thursdays at 4:00 pm
Fridays at 10:00 am
Saturdays at 10:30 am
Sundays at 2:00 pm

All classes are on Channel 99.

Chair Yoga (Via Zoom) with Dot:

May 2021 at 10:00 AM

Every week on Mon, until May 31, 2021

Five (5) occurrence(s)

May 3, 2021

May 10, 2021

May 17, 2021

May 24, 2021

May 31, 2021



Please download and import the following iCalendar

(.ics) files to your calendar system. Weekly: [https://](https://us02web.zoom.us/meeting/tZlVdeGtqT8jEtTCeFl7ZusYPDXKuewwwY35/ics?ic-sToken=98tyKuGurDkiH9ORuRGHRpwAAIjoWe_wtiIEj7dpvxrDD3dpdxDPBsZ6Gad6B8_H)

[us02web.zoom.us/meeting/](https://us02web.zoom.us/meeting/tZlVdeGtqT8jEtTCeFl7ZusYPDXKuewwwY35/ics?ic-sToken=98tyKuGurDkiH9ORuRGHRpwAAIjoWe_wtiIEj7dpvxrDD3dpdxDPBsZ6Gad6B8_H)

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Join Zoom Meeting:

[https://us02web.zoom.us/j/86228574980?](https://us02web.zoom.us/j/86228574980?pwd=NUtXakxoUWxFUThTSDVMdyttS1JEdz09)

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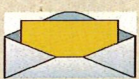


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**IN MEMORY OF
& IN HONOR OF
ENVELOPES:**

Envelopes are available to remember a deceased individual or to honor an individual or group by a donation to the *Friends of The Peabody Council on Aging*. Envelopes are also available that will send your donation to the *Roger B. Trask Adult Day Health Program, City of Peabody*. Donations help to fund the scholarship and Activity Programs in the Trask Center. Both envelopes are available at the local Funeral homes and at the reception area at the Peter A. Torigian Senior Center. All donations will be listed in



*Tips &
Topics.*

**In Honor of Gifts to the
Peabody Council on Aging:**

In Honor of Dot McKeen:

For helping to fund our program for delivering meals to home bound seniors

With thanks for their generous gifts helping to fund our program for delivering meals to home bound seniors:

Joan Sousa, Nancy Pantano,
Anna Garabedian, Elizabeth Colitz,
Frank Hardy

**With thanks for their generous gifts
to the PCOA:**

Douglas Garber, Susan Bean, Anna
Gallo, John Boris, Willa Veno

**In Memory of Gifts to the
Peabody Council on Aging:**

In Memory of Helen Jerzylo:

Eileen Lawrence

In Memory of John Sousa:

Tony Silva

**In Honor of Gifts to the
Trask Adult Day Health Program:**

**In Honor of the Trask Adult Day Health
Program Staff:**

David and Linda King



**In Memory of Gifts to the
Trask ADH Scholarship Program:**

In Memory of Beverly June Colella:

Joe Colella

In Memory of David King:

Robert Lentini, Jennifer Monaghan,
Kerry J. Craven, Eric Barnard,
Jane Yandell, Betty Laiacano,
Ronald Czerw

In Memory of Mona Magesky:

Edward Quinn

In Memory of Richard Patuzzi:

June Patuzzi

In Memory of Pauline Richard:

Donna Pellegrini

In Memory of Robert Walsh:

Edward Quinn

*He who is of a calm and happy nature will hardly feel the
pressure of age, but to him who is of an opposite disposition,
youth and age are equally a burden.*

FRIENDLY TELEPHONE CALLS

Would you like someone to talk to? We can provide a weekly telephone call to seniors who live in Peabody who may be lonely and would like to hear a friendly voice. If interested, please call Amber @ 978-531-2254



Please be sure to support our sponsors, as they make the printing of our Newsletter possible. Thanks!

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Points to Ponder: Jack Lawless

*May: The month of flowers,
beauty and celebrations*

The birth flower for May is Lily of the Valley.

It represents the return to happiness. It also denotes purity, joy, good fortune and modesty.

- May was named after Maia, the Greek Goddess of fertility. Also, the traditional "Kentucky Derby Day" or "Run for the Roses" is the first Saturday of May.
- The Empire State Building was opened on the 1st in 1931. Sunday, May 2nd is Orthodox Easter.
- Star Wars Day is on the 4th, so May the Force Be With You!
- Cinco De Mayo is celebrated on the 5th.
- May 9th is Mother's Day.
- Minnesota was admitted to the Union on the 11th in 1858.
- The Roman Catholics observe the 13th as Ascension Thursday.
- Armed Forces Day takes place on the 15th.
- On the 14th in 1804, Lewis and Clark began their trip up the Missouri River.
- Rob Gronkowski of New England Patriots/Tampa Bay fame was born on the 14th in 1989.
- Jewish Shavuot (Festival of Weeks) starts at Sundown on the 16th.
- During the Civil War, Abraham Lincoln signed the Homestead Act on the 20th.
- Cheryl Sarkisian, otherwise known as Cher, was born on the 20th in 1946.
- South Carolina became the 8th state on the 23rd in 1788.
- The 1st permanent English settlement in America was in Jamestown, Virginia on the 24th in 1607.
- The Golden Gate Bridge in San Francisco opened on the 27th in 1937.
- Rhode Island became the 13th state on the 29th of the month.
- On the 29th in 1848, Wisconsin became the 30th state.
- Memorial Day is celebrated on Monday the 31st.



"You are as welcome as the flowers in May" Charles Macklin

GOD BLESS AMERICA AND OUR PATRIOTS!

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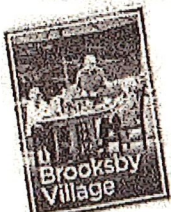
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SOCIAL SERVICE: Maryanne Pierce**SOCIAL SERVICE STAFF SCHEDULES****Staff Schedules:**

Marguerite Mendonca Mondays 9-1
 (for our Portuguese speaking community)
 Sheila Mon-Fri 9-3:30
 Sandra Cloutman Mon-Fri 8-4
 Maryanne Pierce Mon-Fri 8-4
 Amber Moutsoulas Mon-Fri. 8-4.

Fabia Faria - Mondays 9:00 am to 1:00 pm
 and Thursdays 9:30 am to 11:30 am.

(She is trilingual and able to assist our Portuguese and Spanish speaking community.)

SHINE-Serving the Health Insurance needs of Everyone. Free Health Insurance Information, Counseling and Assistance for people with Medicare. The PCOA has five (5) counselors available.

Call reception at (978) 531-2254 to schedule an appointment.

PLEASE NOTE:
 The Social Workers days and hours
 have been updated, so please read
 carefully. Thanks.

Spanish

Fabia Faria estara disponible los lunes de 9AM-1PM y los jueves de 9:30 AM-11:30AM. Fabia habla espanol y portugues y estara dispomsble para ayudar a las comunidades de habla espanola y portuguesa. Por favor llame a recepcion en el Peabody Council on Aging (978) 531-2254 para hacer una cita.

Portuguese

Fabia Faria, estara disponivel das 9AM as 1PM nas segundas e das 9:30 AM as 11:30 AM nas quintas-feiras. Fabia fala espanhol e portugues e estara disponivel para ajudar as comunidades de lingua espanhola e portuguesa. Por favor, ligue para a recepcao do Peabody Council on Aging (978) 531-2254 para fazer um apontamento.

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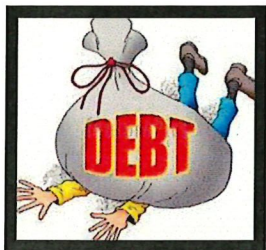
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MANAGING your bills during COVID-19

COVID-19 has thrown the economy into a tailspin. Many people have been laid off, Furloughed; are working fewer hours and as wages dry up, bills can pile up. Here are some ideas about how you can manage your debt and start regaining your financial footing.

Gather your bills: Make a list of your monthly bills: rent/mortgage, car payment, utilities, student loans, medical bills and anything else. Factor in how much you need for food, medicine and other necessities.

Ask for help: Many companies have special programs to help people right now. Contact the companies you owe money to and try to work out a new payment plan with lower payments or delayed due dates. Make sure to get any changes in writing.

- Find out if your state (<https://www.usa.gov/states-and-territories>) or local government (<https://www.usa.gov/local-governments>) offers program that will allow you to hold off paying some bills right now.
- Trouble paying your mortgage. (<https://www.consumer.ftc.gov/blog/2020/04/coronavirus-and-your-mortgage>) on how to manage that. If you have a government backed mortgage, you may be able to delay payment by contacting your servicer.

Prioritize if you need to: If you still can't pay everything on time, look at what would happen if you couldn't pay each bill and decide which to pay first. Would you lose your home? Would your car be repossessed? Would your debt go into collection and affect your credit report?

Study up: Check out the Federal Trade Commissions advice on how to cope with debt. (<https://www.consumer.ftc.gov/articles/0150-coping-debt>)

Watch out for scams: In stressful times, scammers are everywhere. Beware of any company that guarantees that creditors will forgive your debts or make you pay up front for help. If you come across a debt relief scam, we want to hear about it. Let us know at [ftc.gov/complaint\(https://www.ftccomplaintassistant.gov/#crnt&panel1-1\)](https://www.ftccomplaintassistant.gov/#crnt&panel1-1).

If you come across a debt relief scam, we want to hear about it. Let us know at [ftc.gov/complaint\(https://www.ftccomplaintassistant.gov/#crnt&panel1-1\)](https://www.ftccomplaintassistant.gov/#crnt&panel1-1).

Blog Topics: Money & Credit: (<https://www.consumer.ftc.gov/blog/money-%26-credit>)

Visit our Online Library and our Virtual Events section...

Do You, or Does Someone You Know Need Access to Technology Support?



Visit our ONLINE LIBRARY for info on how to get home internet access for eligible households during COVID-19.

<http://peabodycoallibrary.blogspot.com/2020/05/home-internet-access-for-eligible-html?m=1>

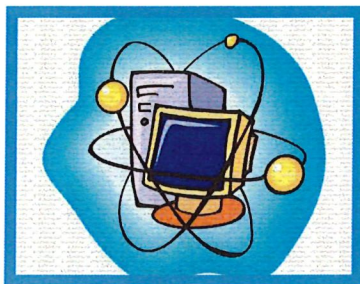
The PCOA has created a **Virtual Events Section** of our Blog Page chock full of resources for staying at home during COVID-19.

Visit our website at: www.peabodycoa.org

Click on Virtual Events

- Staying active at Home
- Virtual Museum Tours
- Drawing Tutorials
- Free Online Courses





Low-Income Voice, Broadband Discounts Available Through "Lifeline" Program

Recognizing that not everyone can afford the cost of a voice or broadband connection, *the Lifeline Program provides a monthly discount for eligible low-income consumers on a wireless or residential voice, broadband or voice broadband bundled service from a certified Massachusetts Lifeline Provider.*

Although there are several providers participating in the Lifeline program in Massachusetts, **each eligible household can only subscribe to one Lifeline service.** Consumers qualify for Lifeline by having income of 135 percent or below of the federal poverty guidelines or by participating in one of the following public assistance programs:

- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance (FPHA) or
- The Veterans and Survivors Pension Program.



During Lifeline Awareness Week, we are asking you our dedicated gateway partners, to assist us in spreading the word to your network of individuals and families that may benefit from the saving offered by this program, but may not be aware that it exists. We are also asking that you join us in helping educate other community stakeholders about recent changes to the Lifeline application process, as Massachusetts applicants need to **first verify their eligibility for the Lifeline program using the Lifeline National Verifier**, a centralized system that is managed directly by USAC, the administrator of the Lifeline Program under the direction of the Federal Communications Commission (FCC) and also certain Program changes such temporary COVID-19 relief waivers in effect until November 30, 2020.

www.usac.org/lifeline/additional-requirements/covid-19-response/.

Here's how YOU can help increase awareness of the Lifeline Program:

- Check out the federal government's resources.
- Contact the Massachusetts Department of Telecommunications and Cable to learn more about the Lifeline application process, participating Massachusetts' providers, or request a virtual outreach event to learn more about the program. **We are here to help assist and answer your questions.**
- Distribute information to your staff and network via email, newsletter, blog, or social media sharing information about the program and its benefits.

Sample Tweets:

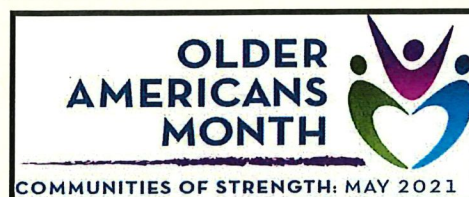
- Stay connected with Lifeline Assistance fcc.gov/lifeline #NLAW
- It's #LifelineAwarenessWeek! Learn more about the #Lifeline Program from the #MADTC at mass.gov/dtc.
- The #Lifeline Program helps make #broadband more affordable for eligible #low-income consumers#NLAW#digital divide.org.
- The #LifelineProgram helps make #broadband more affordable for eligible #low-income consumers. More info from the #MADTC at mass.gov/dtc #NLAW #digitaldivide

The Massachusetts Department of Telecommunications and Cable oversees both the implementation and consumer education efforts for the Lifeline program in Massachusetts. Our consumer Division accepts complaints concerning Lifeline service and works directly with Lifeline service providers to resolve any issues that subscribers may encounter, including eligibility questions, enrollment difficulties and recertification problems. **We welcome you to contact the DTC's consumer Hotline at 1-800-392-6066, Monday to Friday from 9am to 5pm.**

For more information, you may also visit our website at
<https://www.mass.gov/service-details/lifeline-services>.

May TRIAD News...

SENIORS - LAW ENFORCEMENT - FIRST RESPONDERS



Older Americans Month: Communities of Strength

In tough times, communities find strength in people—and people find strength in their communities. In the past year, we've seen this time and again in Peabody as friends, neighbors, and businesses have found new ways to support each other.

In our community, older adults are a key source of this strength. Through their experiences, successes, and difficulties, they have built resilience that helps them to face new challenges. When communities tap into this, they become stronger too.

Each May, the Administration for Community Living leads the celebration of Older Americans Month (OAM). This year's theme is *Communities of Strength*, recognizing the important role older adults play in fostering the connection and engagement that build strong, resilient communities.

Strength is built and shown not only by bold acts, but also small ones of day-to-day life—a conversation shared with a friend, working in the garden, trying a new recipe, or taking time for a cup of tea on a busy day. And when we share these activities with others—even virtually or by telling about the experience later—we help them build resilience too.

This year, the Peabody Senior Center will celebrate OAM by encouraging community members to share their experiences. Together, we can find strength—and create a stronger future.

Here are some ways to share and connect:

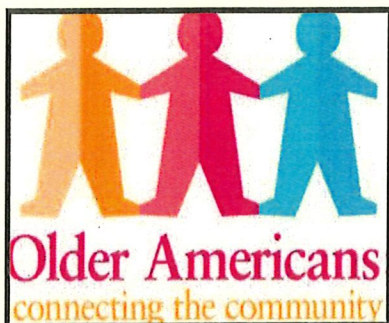
Look for joy in the everyday: Celebrate small moments and ordinary pleasures by taking time to recognize them. Start a gratitude journal and share it with others via social media, or call a friend or family member to share a happy moment or to say thank you.

Reach out to neighbors: Even if you can't get together in person right now, you can still connect with your neighbors. Leave a small gift on their doorstep, offer to help with outdoor chores, or deliver a homecooked meal.

Build new skills: Learning something new allows us to practice overcoming challenges. Take an art course online or try a socially distanced outdoor movement class to enjoy learning with others in your community. Have a skill to share? Find an opportunity to teach someone, even casually.

Share your story: There's a reason storytelling is a time-honored activity. Hearing how others experience the world helps us grow. Interviewing family, friends, and neighbors can open up new conversations and strengthen our connections.

When people of different ages, backgrounds, abilities, and talents share experiences—through action, story, or service—we help build strong communities. And that's something to celebrate!



Please join the Peabody Council on Aging in strengthening our community – See our Facebook page and stay tuned for materials, resources, and activity ideas to help you observe OAM. Don't forget to share your #OlderAmericansMonth plans and stories on social media.

www.PeabodyCOA.org

For more resources, visit the official [OAM website](#), follow ACL on [Twitter](#) and [Facebook](#), and join the conversation via #OlderAmericansMonth.

TAXPAYERS should be aware of Coronavirus-related scams

Taxpayers should be on the lookout for IRS impersonation calls, texts and email phishing attempts about the coronavirus or COVID-19 Economic Impact Payments. These scams can lead to tax-related fraud and identity theft.

Here's what taxpayers would know:

- The IRS will not call, email or text you to verify or request your financial, banking or personal information.
- Watch out for websites and social media attempts to request money or personal information. The official website is IRS.gov.
- Don't open surprise emails that look like they're coming from the IRS or click on attachments or links.
- Taxpayers should not provide personal or financial information or engage with potential scammers online or over the phone.
- Forward suspicious emails to phishing@irs.gov, then delete.
- Go to IRS.gov for the most up-to-date information.



Here's what people should know about the Economic Impact Payments:

- The IRS will automatically deposit Economic Impact Payments into the bank account taxpayers provided on their previous tax returns for a direct deposit of their tax refund.
- Those without a direct deposit account on file may be able to provide their banking information online through a new secure tool, **Get My Payment**.
- Anyone who is eligible for an Economic Impact payment and doesn't provide direct deposit information will receive a payment mailed to the last address the IRS has on file.
- The IRS does not charge a fee to issue the payment.

Scammers may:

- Ask an individual to sign over their Economic Impact Payment check to them.
- Ask for verification of personal or banking information.
- Suggest that they can get someone tax refund or Economic Impact Payment faster by working on their behalf.
- Issue a bogus check, often in an odd amount, then tell a person to call a number or verify information online in order to cash it.



Official IRS information about the COVID-19 pandemic and Economic Impact Payments can be found on the Coronavirus Tax Relief page on IRS.gov. The IRS encourages people to share this information with family and friends. Many people who normally don't normally file a tax return may not realize they're eligible for an Economic Impact Payment.

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MICHAEL F. "MIKE" ZELLEN, PRESIDENT OF FRIENDS REPORT: MAY 2021 **Older Americans Month 2021**

Older Americans Month is an annual event dating back to 1963, when President John F. Kennedy designated May as Senior Citizens Month. It was later renamed Older Americans Month, honoring older Americans, and celebrating their contributions to our communities and our nation.

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The theme for 2021 is "Communities of Strength." Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties.

May is also the month the Friends Board of Directors will be sending out the second mailing of the Annual Appeal to our many "Friends of PCOA" who have been away for the winter months and to those Members who may have misplaced or did not receive the Annual Appeal Packet.

If you did not receive the Annual Appeal Letter, Enrollment Card, and return envelope in the mail to become a "Friend of the Peabody COA"; please call the Torigian Center (978) 531-2254 and request that one be sent out to you.

I am happy to report that Director Carolyn Wynn and the Peabody Council on Aging Directors are planning to erect a tent in front of the Senior Center and to begin several outside activities. While the center will remain closed, hopefully we all will enjoy some of the activities that are being planned. The PCOA Staff will continue the delivery of meals until the Senior Center is back to normal activities.



The 5th month of the year brings us Memorial Day, Mother's Day, Armed Forces Day, and the last full month of Spring. During the Memorial Day Weekend, we should take a little time to remember what it is, we are celebrating.

*In the words of – Former President Barack Obama,
 "Our Nation Owes A Debt to Its Fallen
 Heroes That We Can Never Fully Repay."*

*Here's wishing you a Mother's Day that's
 filled with every pleasure, And a future that's as
 happy As the memories you treasure!*

The Friends of the PCOA have a **PAYPAL** account for donations for



(In Honor of/In Memory of).

Just go to the PCOA website at (www.peabodycoa.org) and click on **DONATE.**

The Friends Board has joined forces with Amazon Smile. It is a simple and automatic way for you to support the Friends of the PCOA and shop

on-line. With Amazon Smile you can now select: Friends of the PCOA as your favorite non-profit charity and 5% of your purchases will be donated by Amazon to the Friends.



You shop. Amazon gives.

In Honor of Gifts to the Friends of the Peabody Council on Aging:

In Honor of Beverly Wozniak
on her birthday: Dorothy Seigler



In Honor of the PCOA Staff:

Anonymous	Catherine Moran
Sheryl Campbell	Eugene Pellizzaro
Sandra Dupont	Joseph Russell
Rita Edry	Susan Savy
Mary Gallant	Peggy Seeds
Chaeng-Yeh Charlie Lin	Roberta Swift
Rosanna Moakley	

In Honor the the PCOA staff for helping fund our
program for delivering meals to home bound seniors:

Dorothy Bradford	Evangeline Leondires
Lucie Consentino	Cheng-Yeh Charlie Lin
Steven Feldman	Arthur & Barbara Doyle
John Burke & Mary McDonough	

In Honor of Tony Martocchio:

Rosanna Moakley

In Honor of Dot McKeen:

Dorothy Nelson

In Honor of Alaide R. Melo:

Edward S. Melo

In Honor of Amber Moutsoulas, You Go Girl!:

Ruth Connolly

In Honor of Carolyn Wynn and her staff for their
outstanding work:

Geraldine Jenkins

In Honor of the PCOA for helping to fund our program
for delivering meals to home bound seniors:

Shirley Caproni

Mary C. Clifford

In Honor of the PCOA Staff:

Mr. and Mrs. John Leondires, Freda Kravetz,
Maria Faria, Dora Dyer, John Burke and Mary
McDonough, Roberta Swift, Salvatore Bordonaro,
John Leondires, Steven Feldman, James Davis,
Mary Clifford

In Memory of Gifts to the Friends of the Peabody Council on Aging:

In Memory of Marilyn Capobianco:

Joan Walker

In Memory of Bob Driscoll on his 5th year
Anniversary (4/24):

Sally Driscoll

In Memory of Robert Y. Davis:

Nancy Murray

In Memory of Marie Elliott:

Raymond Elliott

In Memory of Robert Emmett:

Anonymous

In Memory of George and Lorraine Gray:

Doreen and Michael Gray

In Memory of Ellen Hardy:

Digne & Dennis Goncalves

Sandra Dupont

In Memory of Helen P. Jerzylo:

Carol Bowman

Barbara Conroy

MaryAnne Razook

Ralph and Nellie Rivera

Adele Shackelford

Wei-Kwan Tam

In Memory of Cecelia Latorelle:

Joanne M. Lerner

In Memory of Mona J. Magesky:

Paul Cranney

Rosemary Cleary

In Memory of Adele McDonnell:

Mary Lou Keenan

In Memory of Margaret Paciulan

Mary Lou Keenan

In Memory of Richard Patuzzi:

Barbara Ann Legere

In Memory of Dorothy Peruffo:

Alice Tolmei

In Memory of Richard Russell:

Joe Russell

In Memory of your wife, Nancy Thrasivoulos:

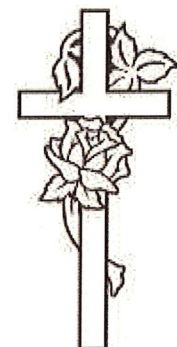
Theodore Thrasivoulos

In Memory of your Sister-in-law Ellie Tingus:

Nancy Delivorias

In Memory of your Mother, Mae Trenholm:

Mary C. Clifford



2021 Friends Board Meetings:

June 7, September 13, December 6

PEABODY COUNCIL ON AGING

Peter A. Torigian Senior Center
75R Central Street, Peabody, MA 01960
978-531-2254 www.peabodycoa.org

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May 2021

Carol McMahon, Editor

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Enclose Check Payable to 'Friends of the PCOA, Inc.'

\$ _____ Date: _____

Telephone Number: _____

The Purpose of *Friends of the PCOA* is to supplement the budget of the Peabody Council on Aging with their efforts to provide services and programs designed to enrich the quality of life for Seniors who seek them at the Peter A. Torigian Senior Center.

(Please Print)

Donor's Name _____

Address _____

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Please Circle: In Memory or In Honor

(Please Print)

Donee's Name: _____

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Address _____

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The Name of Donor and Donee will be recognized in
The Peabody Council on Aging *Tips & Topics* Newsletter.

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